

# Frequently Asked Questions



## DO I NEED EXPERIENCE WITH HORSES?

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Absolutely not. Our program does not require you to ride a horse so no prior experience is necessary. We inform every group of the rules and safety precautions to take around the animals and the arena. We always put safety first and can accommodate everyone's different comfort levels around the horses.

## WHAT IF I'M SCARED OR DON'T LIKE HORSES?

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No worries! If you aren't being pushed out of your comfort zone, you aren't learning. This is an opportunity to overcome your fears or preconceived notions. Some of the people who have attended our workshops have started out petrified, but by the end of the program, they have all learned more about themselves and overcome their fear.

## WHAT IF IT IS RAINY, SNOWING OR COLD OUT? WILL WE FREEZE?

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Not with our heated arena you won't! If the weather outside is nice, we can always work in the sunshine, but too hot or too cold, we have the covered arena to keep us comfortable. Your program will take place regardless of the weather.

## DO WE RIDE THE HORSES?

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No. All of our work is out of the saddle. You will work along side the horses as part of your team for the best and true reaction of the horse and the most beneficial way of learning for you. This way the horse can be it's true self and not be "on the job".

## DO I NEED CERTAIN CLOTHING?

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Although chaps and a pair of cowboy boots aren't required, we do have certain safety requirements when it comes to your clothing. Simple things like closed toe shoes and dressing in clothes that you are ok with getting a little dusty.