



BLINDMAN'S ADVENTURE

OBJECTIVE:
Empowerment through
trust & respect

- Importance of articulation, clarifying thought/intent
- Appreciation of the "role of the leader"
- Clarification through visualization
- Addressing attitudes towards making change
- Responsibility associated with trust/trusting
- Self awareness
- Hearing/listening
- Mindful of other abilities and achievements
- Caring and supportive team member

INTENDED OUTCOME:
Recognizing that trust is
earned through behaviour
and you build respect

EQUINE ASSISTED LEARNING



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BUILD YOUR OWN COURSE

OBJECTIVE: Team & Plan Development

- Building teams through individual contributions
- Assisting others/ developing a strong support team
- Recognizing individual strengths and responsibilities
- Moving performance forward through conversation
- Learning to be creative and innovative while working as a team player
- Understand others, environment, and outside influences

INTENDED OUTCOME:
Discovering how to influence others while improving communication skills

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CIRCUIT TRAINING

OBJECTIVE:
Introductions to basic skills
development

- Pressure & release
- Movement forward
- Movement backward
- Stop
- Sidepass
- Ground tie
- Tie rope
- Reinforcing value associated with developing positive relationships
- Aptitude & sequencing
- Team building
- Leadership
- Active participation
- Knowledge/thinking/ practice

INTENDED OUTCOME:
Understanding the
necessary skills needed

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EQUINE ASSISTED LEARNING



COMMON SENSE

OBJECTIVE:
Encourage common
sense

- Understanding choices & consequences
- Impacting others lives through choice
- Understanding & respecting the nature of the horse = natural consequences
- Ethical standards
- Self Discipline
- Personal worth
- Integrity
- Supportive

INTENDED OUTCOME:
Understanding how
common sense influences
change

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HORSE IN THE POCKET

OBJECTIVE:

Teamwork and creative thinking

- Understanding of ethical leadership and associated values
- Value the strengths in every team member by understanding their weaknesses
- Ability to engage and generate passion in others
- Understanding team dynamics and ability to create an environment that embraces successful change
- Influence teams to participate in culminating ideas to find successful solutions
- Inspire creativity to respond to other team members needs, therefore helping to create a better leaders

INTENDED OUTCOME:

Effectively working together within a group structure

EQUINE ASSISTED LEARNING



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IT'S ALL UP TO YOU

OBJECTIVE:
Choices and personal growth

- Motivate teams
- Responsibility/ accountability
- Personal assessment
- Mutual respect and trust
- Individual attitudes and moods
- Moral value/personal integrity
- Fair minded team member
- Understanding team dynamics
- Supportive/encouraging/ mindful of others
- Building confidence and personal self esteem

INTENDED OUTCOME:
Encourage discussion recognizing the value in motivating teammates to make difficult choices

EQUINE ASSISTED LEARNING



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MATCH THAT HORSE

OBJECTIVE:

Developing interactive negotiation skills, thinking through the process

- Encourage teams to think through the problem solving process
- Reinforcing team efforts/plan development
- Decision making problem solving skills
- Sequencing/memory development
- Motivate positive responses while appreciating humour in work & play
- Creating a positive environment
- Building confidence/character development
- Building team interactive skills
- Understanding that negotiation isn't manipulation

INTENDED OUTCOME:

Understand the negotiation process works toward finding WIN/WIN solutions

EQUINE ASSISTED LEARNING



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PUSH ME PULL YOU

OBJECTIVE:

Introduction to learning about "self" as a part of an effective team/relationship

- Introduction to developing strong teams and leaders
- Introduction to supporting other team members
- Introduction to understanding choices and consequences
- Significance to understanding that the horse is part of their team
- Encourage conversation/discussion/negotiation

INTENDED OUTCOME:

Introducing how individuals impact teams/relationships

EQUINE ASSISTED LEARNING



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EQUINE ASSISTED LEARNING



RED LITE GREEN LITE

OBJECTIVE:
Importance associated with
effectively communicating/
focus

- Memory skills
- Development review
- Focus
- Awareness
- Team building
- Adaptability in a different application
- Gauging attitudes
 - EAL horses
 - Each other
 - Facilitators
- Appropriate behaviour near horses
- Ability to learn from horses and each other

INTENDED OUTCOME:
Team/relationship
effectiveness comes with
effective/clear
communication

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EQUINE ASSISTED LEARNING



SILENT COMMUNICATION

OBJECTIVE:
Power of understanding
communication through body
language

- Developing observation skills and effective "listening"
- Developing non-verbal communication skills
- Recognizing the subtleties
- Recognizing conflict, through frustration, in a healthy manner
- Caring for other team members
- Personal empowerment/ building confidence
- Understanding how we impact others
- Understanding our physical limitations
- Self awareness

INTENDED OUTCOME:
Respecting the power of body
language

EQUINE ASSISTED LEARNING



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EQUINE ASSISTED LEARNING



STARTING THE JOURNEY

OBJECTIVE:
Introduction to developing relationships

- Program overview
- Introduction of EAL
- Orientation
- Generate excitement
- Stress safety
- Team interaction
- Humour/fun
- Creating a positive environment
- Value of work/play
- Initial evaluation of each horse
- Intro to horse/human parallels
- Understanding horse communication

INTENDED OUTCOME:
Value associated with starting teams/relationships, positive first impressions

EQUINE ASSISTED LEARNING



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WHO'S THE BRAIN

OBJECTIVE:

Importance and power of articulating thought/intent

- Listening VS hearing as a skill
- The act of anticipation impeding the communication process
- Understanding communication as a skill
- Team building
- Becoming a supportive team member
- Plan development
- Individual empowerment
- Building self esteem/confidence

INTENDED OUTCOME:

Understanding the importance of clear, articulate communication

EQUINE ASSISTED LEARNING



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