



## Sample of Full Day Team Building Agenda

---

**9:00am** Welcome breakfast snacks and coffee to start us off right.  
Introduction into Equine Assisted Teambuilding and briefing for first objectively driven program

**9:15 – 9:30am** Safety demonstration in the arena and learning how to “speak horse”

**9:30 – 11:00 am** First program – course and debriefing  
(objective: \_\_\_\_\_)

**11:00am – 11:15am** Break

**11:15 – 12:30** Second program - course and debriefing  
(objective \_\_\_\_\_)

**12:30 – 1:30**  
Country Style lunch

**1:30 – 2:45** Third Program – course and debriefing (objective: \_\_\_\_\_)

**2:45 – 3:30** Final debriefing – Paralleling the day and objectives back to everyday life in the workplace.